

Hello everyone!

Welcome to the new school year!

I'm delighted to continue in my role as your **Active Schools Coordinator for the West Calder Cluster**.
For families who are new to our schools and community, a very warm welcome!



Active Schools helps children and young people get active through sport and physical activity before school, during lunchtime and after school. Our goal is to help pupils build confidence, improve health wellbeing, make friends and have fun!

We provide breakfast, lunch and after school clubs, events, holiday programmes, leadership opportunities, and targeted activities, all free to pupils thanks to the support of our amazing volunteers and local sports clubs.

Want to Volunteer?

To continue to offer children free opportunities to be active, we rely on the incredible support of volunteers. There's no need to be a qualified coach - if you're enthusiastic, reliable and want to make a difference, we'd love to hear from you. Training and support will be provided.

We're currently looking for volunteers to support:

- Extra-curricular clubs
- School events and festivals
- School sports teams

Healthy regards, Graeme Young
graeme.young@westlothian.org.uk

Why Volunteer with Active Schools?

- Gain valuable experience working with children
- Make a positive impact in your community
- Access training and development opportunities
- Improve your physical and mental health
- Receive support and mentoring from the Active Schools Team

Stay connected! Follow @Active WL and visit activewestlothian.com to be among the first to hear about holiday programmes, clubs, events and volunteering opportunities throughout the year.